

THE NEWSLETTER OF THE MOUNT ROYAL COMMUNITY ASSOCIATION



**MOUNT ROYAL**  
COMMUNITY ASSOCIATION

# MOUNT ROYAL

COMMUNITY NEWSLETTER

2317 - 10 Street SW, Calgary, T2T 3G7

[www.mountroyalstation.ca](http://www.mountroyalstation.ca)

## SPRING 2012

Mark in your calendar

MRCA

!!! Stampede Barbecue !!!



MOUNT ROYAL STATION  
Wednesday, July 4, 2012  
5:00PM to 10:00PM



Details to Come



**SPECIAL ISSUE:**  
Celebrate Our 1912  
Century Homes



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COMMUNITY NEWSLETTER  
2317–10 Street SW, Calgary, T2T 3G7  
[www.mountroyalstation.ca](http://www.mountroyalstation.ca)

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<b>OFFICERS</b>	Term: NOV 2011 to NOV 2012
<b>President</b>	<b>Debra Law</b> president@mountroyalstation.ca
<b>Past-President</b>	<b>Jane Keyser</b> pastpresident@mountroyalstation.ca
<b>Vice-President</b>	<b>Krista de Silva</b> vicepresident@mountroyalstation.ca
<b>Secretary</b>	<b>Rosanne Woods</b> secretary@mountroyalstation.ca
<b>Treasurer</b>	<b>Laura Brown</b> treasurer@mountroyalstation.ca

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<b>DIRECTORS</b>	Term: NOV 2011 to NOV 2012
<b>Membership</b>	<b>Geraldine Nolan &amp; Marlene Cameron</b> membership@mountroyalstation.ca
<b>Newsletter: Ads</b>	<b>Susan Petersen</b>
<b>Articles</b>	<b>Sarah Hall &amp; Kim Shore</b> newsletter@mountroyalstation.ca
<b>Community Development</b>	<b>Darlene Bruce</b> development@mountroyalstation.ca
<b>Traffic Safety</b>	<b>Open</b> traffic@mountroyalstation.ca
<b>Community Events</b>	<b>Allan Fowler &amp; Mike Smith</b> events@mountroyalstation.ca
<b>Facilities/Booking</b>	<b>Tina Dargan</b> facilitybooking@mountroyalstation.ca
<b>Crime &amp; Safety</b>	<b>Megan McCarthy</b> crimeandsafety@mountroyalstation.ca
<b>Historic MR Beautification Committee</b>	<b>Charlene Prickett, Susan Hearn &amp; Val McFarland</b> urbanforest@mountroyalstation.ca
<b>Tennis Keys</b>	<b>Tina Dargan &amp; Geraldine Nolan</b> tennis@mountroyalstation.ca

## MOUNT ROYAL COMMUNITY NEWS

For Advertising, Inquiries or Submissions, contact:  
[newsletter@mountroyalstation.ca](mailto:newsletter@mountroyalstation.ca)

Ad submissions are included at the discretion of the Newsletter Director. All ads may be submitted in Word, jpeg, pdf, tiff, or GIF files.

NEXT ISSUE (October 2012)

Deadline for Submission: September 12, 2012

Advertising Rates (Prepayment Required)

Free	5 lines	
\$50	business card	3.6”w x 2”h
\$125	1/4 page	3.6”w x 4.5”h
\$300	1/2 page	7.6”w x 4.5”h

Only 1/2 page ads are posted on the website

Read this and MRCA newsletter  
archives at  
[www.mountroyalstation.ca](http://www.mountroyalstation.ca)

## President's Message

The benefits of your \$45 annual MRCA membership go beyond the community events and meetings that allow us to build stronger bonds with our neighbours. The hidden value of your membership lies in the graffiti you do not see and the preventative measures taken on your behalf to reduce unwelcome elements in our community. The importance of your Membership can be summarized by this: it helps keep our unique and vibrant neighbourhood *safe*.

Calgarians recently voted that the most important aspect that makes a community great was a low crime rate and a feeling of safety. Subsequently, our Community Liaison Officers were asked to attend our board meetings and speak about how the MRCA could take a more pro-active role to improve elements of safety in our community. Unanimously, it was agreed that the best deterrent of unwanted activity was the presence of wanted activity, increasing overall awareness in our community and encouraging people to get out and enjoy our amazing neighbourhood.

**Increasing Awareness :** The recent membership drive has involved numerous communication efforts including door-to-door membership canvassing, flyer drops and emails. This has not only allowed us to double our number of household memberships (to 240!), but has also ensured residents of Upper and Lower Mount Royal are aware of current MRCA initiatives. Additionally, the MRCA newsletter, website and communication display cases outside the Station house, are continually updated to ensure all residents have an opportunity to stay informed.

**Creating Better Community Areas for Wanted Activities:** Due to tremendous volunteer efforts made during the fall clean up, the gardens in numerous traffic circles and South Mount Royal Park are flourishing! Throughout the spring and summer months, we will continue to enhance and make improvements to our numerous parks, green spaces and Station house facility, in turn, providing better areas for our community association members to enjoy.

**Encouraging Community Members to Enjoy Our Neighbourhood:** In addition to the set up and maintenance of our community ice rink, well-maintained tennis courts, community garden clean up gatherings, participation in the Calgary Historic Home banner celebration and Historic Home walks, MRCA volunteers have been busy organizing a number of new events. There are children's playgroups at the Station house, with over 35 little tots attending weekly. Upcoming MRCA social events include the annual Summer BBQ and a few new additions this year, a wine & cheese event and, unique to Mount Royal, the 78<sup>th</sup> Highlander Ceremony in mid-September.

Echoing countless messages of previous MRCA Boards – your membership is fundamental to community living. By continuing efforts to increase membership, our hope is to also increase the level of awareness of safety in such inner city communities as Mount Royal.

Thank you for supporting our efforts by taking the time to become a MRCA member – doing so directly enhances the safety, sustainability and continued growth of our beautiful community.

Enjoy the summer ahead!

Debra Law

# Membership Drive 2012

To all our residents who have joined for 2012, we hope to see you at one of our upcoming events. If we don't, we would like to thank you for supporting your community. Don't worry if you haven't joined us yet as it's not too late. Please see the back page of this newsletter for details on how to join and what your membership is all about!

We decided to do a door-to-door campaign this year in an effort to boost our much needed membership numbers. The successful campaign kicked off in March and is still in progress. We would like to thank all our canvassers: Jenn Brenner, Marlene Cameron, Tina Dargan, Krista de Silva, Sarah Hall, Susan Hearn, Elisa Iozzo, Debra Law, Will Lowe, Christa Mascher, Jeff Nichol, Brian and Susan Petersen, Stephana and Todd Poulsen, Peggy Seaver, Candice Selby, Kim Shore, Lesley Street, Rosanne Woods and Christine Woolner. Thank you for giving your time to the community. On behalf of the volunteers, we would also like to say to the community, we really enjoyed the experience! Whether it was meeting for the first time or catching up with our neighbours, your friendly welcome made it fun for all of us. There are still more houses to see. If you would like to volunteer, please send an email to [membership@moutroyalstation.ca](mailto:membership@moutroyalstation.ca).

Prizes have been generously donated by local businesses to raffle for our volunteers once the membership drive is complete. There are four \$20 gift cards from Marble Slab Creamery ([www.marbleslab.ca](http://www.marbleslab.ca)) - check out their new location at 636 17th Ave SW, and a \$100 spa gift certificate from RnR Wellness, located in the Fairmont Palliser Hotel ([www.rnrwellness.com](http://www.rnrwellness.com)). RnR Wellness will also be giving two \$20 coupons for each membership this year!

Geraldine Nolan, MRCA Membership



## THANK YOU

We would like to thank the Glencoe Club for publishing and collating this newsletter!  
We appreciate your contributions and your long-time dedication to the MRCA!



## HISTORIC MOUNT ROYAL



Sarcee camp at the foot of Mount Royal  
ca.1907 NA-4910-2

Prior to 1900, Mount Royal was a treeless hill, covered in prairie grass southwest of the small development of Calgary. It was land owned by the CP Rail. There were early intentions of developing the land into a neighbourhood of fine estates, similar to Mont-Royal in Montreal. As 17<sup>th</sup> Avenue was the southern border of Calgary, the first housing developments were made without building permits and were not listed on city tax rolls. The first houses were built just prior to 1907, along Royal Avenue and Hope Street overlooking Western Canada College, an all boys' school located at the present day site of Western Canada High School. Over the period of 1911 - 1912, Calgary saw its first major boom in development. Hopes were high that Calgary would become the "the Chicago of the West". This issue of the MRCA newsletter profiles 5 of these century homes, written by current home owners and admirers.



Royal Ave, between Hope and 7th Street  
ca.1900s NA-5339-20



2101 8th St, David J. Young's Home,  
businessman and manager of the Calgary Herald,  
Summer 1910 - NA-4954-5



Carriage House of Louis Philip Strong Home  
ca.1910 NA-5585-6

*Photos obtained from Glenbow Archives*

RECREATION  
2012  
100 YEARS

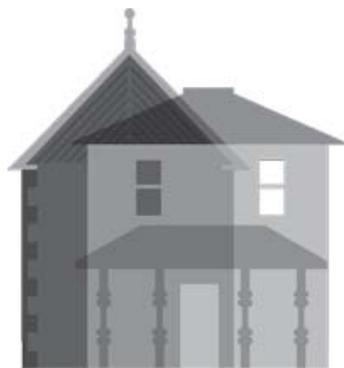
The City of Calgary Recreation is celebrating its centennial in 2012! June's signature event as The City of Calgary Recreation hosts the 2012 Canadian Track & Field Trials. Cheer on Canada's Olympic hopefuls as they compete to qualify on a spot to represent Canada at the London 2012 Summer Olympics in England.

There will be a fun, family festival running at the park during the trials. We invite you to get active and join us!

Canadian Track & Field Championships      June 27-30, 2012      Foothills Athletic Park

To learn more about the history of recreation in Calgary or to attend our numerous special events being held throughout the year, visit [www.calgary.ca/rec100](http://www.calgary.ca/rec100). The City of Calgary Recreation - a century of achievement and a future of possibilities.

## CELEBRATE CENTURY HOMES 2012



old homes • great stories  
**CENTURY  
HOMES  
CALGARY**

The year, 2012, marks a number of centennial celebrations in Calgary - the Calgary Exhibition and Stampede, the Calgary Public Library, the Grand Theatre, and many others. Calgary's first building boom occurred 100 years ago, in 1912! If you own or rent one of these historic homes, you are invited to join in the citywide House Party of the Century, peaking during HISTORIC CALGARY WEEK - JULY 27 - AUGUST 6.

- ~ Receive a banner for your front porch
- ~ Display a yard sign with your home's biography and photo
- ~ Learn how to research your home's history and share its stories
- ~ Be part of the Walking Tour
- ~ Come to the Mount Royal Picnic and Croquet tournament in period costume
- ~ Sign up for the workshops or volunteer
- ~ Participate in the many other events offered during 2012

To find out more up-to-date information visit [www.centuryhomes.org](http://www.centuryhomes.org). As a participant, you are helping to preserve your home's history for future generations!

To sign up contact Megan McCarthy at [mcfolkies@gmail.com](mailto:mcfolkies@gmail.com).

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### **HISTORIC MOUNT ROYAL: 1412 Joliet Avenue**

Do you know what your house looked like a century ago? My house, 1412 Joliet, was the second house built on the brand new street of Joliet Avenue in 1912. Now, it is surrounded by neighbours and pine trees, but 100 years ago it stood alone on the barren prairie landscape. It was built on one of five lots purchased by CJ Ford and when the construction was finished, he inspected on horseback. The Ford family's children brought home fresh caught fish for dinner, raised chickens in their backyard and grew their own vegetables. The family kept horses at the back of the lot, approximately where our neighbour's garage stands. The apple tree CJ planted still stands in the backyard, and still yields delicious apples. While there are no longer stuffed weasels and horned owls in the den, much of the house remains the same as Tom Ford remembers. Tom, CJ's only surviving son, toured the house with two of his nieces recently and relived Christmas traditions, fond memories, and accidental floods. My family has only lived here for five years, but we already have our traditions, memories and floods. In a century, a lot of things can change, but at the same time, a lot of things stay the same. In another century, what will your house look like?

Eden Wright



1412 stands alone on the prairie



CJ Ford on his horse named Earl Grey

# 2012 MRCA Coming Events

Event	Date & Place	Details
Stampede BBQ	Wednesday July 4 5:00pm - 10:00pm  The Station	Details to come
<i>Historic House Tour</i>	<i>Sunday August 5, 2012 2:00pm</i>	<i>2 hour walking tour End at Station for refreshments</i>
Wine & Cheese	Saturday Sept 8 @ 8:00pm The Station	Inauguration of the Station's new deck
<b>The Highlanders</b>	<b>September 16 @ 2:00PM South Mount Royal Park</b>	<b>Tribute to the Battle of the Plains of Abraham</b>
Annual Progressive Dinner	Saturday October 20 Hors d'oeuvres @ 6:00pm Dinner @ 7:30pm Dessert @ 10:00pm	Details to come

## HISTORIC MOUNT ROYAL: 2021 7 Street SW

"You're buying the Plunkett's house?!", exclaimed my Mother, Luella. "Why, I remember playing "hide and seek" there after school with Norah all the time when I was growing up", she recalled with a twinkle, and maybe a little tear, in her eye.

The year was 1985, and I was driving my Mom past the house my husband, Jamie, and I had just purchased at 2021 - 7 Street SW. And so began our twenty-four year tenure as the fortunate custodians of one of Calgary's Heritage Homes.

The Plunkett House was built for \$6000 on a lot purchased from the CPR for \$2500. Aloysius (pronounced 'al-e-WISH-es') and Evelyn Plunkett (nee Sparrow) had just been married on October 31, 1910 when they hired an architect to design their new home. Aloysius (born December 17, 1874) had come to Calgary in 1904 from Ottawa via Winnipeg, and had established himself in business with W.D. Savage under the name Plunkett and Savage, a wholesale fruit, produce and seed business.

Evelyn Mary Sparrow (born 1886) was the fifth of eleven children of Angus Charles Sparrow and Harriet Anne Mooney. The Sparrow family was among the original Calgary pioneers. When the family first arrived in Calgary, around 1882, they lived on the Sparrow homestead occupying 160 acres on Macleod Trail including the present day Manchester and Elboya districts. Evelyn's sister, Hattie, born in 1884 was the second white woman born in Calgary.

The newlyweds moved into 2021 - 7 Street on May 1, 1912. Their four children were all born in the house - Patrick, Terence (Terry), Mary Eleanor (Norah) and (name unknown). The family lived in the house for 60 years. Aloysius died in 1959, and Evelyn remained in the house until she died in 1971.



Aloysius and Evelyn pictured on their wedding day at the Sparrow House. Glenblow Archives NA-1504-2

We were lucky enough to entertain a visit from Private Terence B. "Terry" Plunkett, a Veteran of WWII. Terry had fond memories of his family's years in the house, and while he was not able to navigate the stairs up to his old bedroom, he could still call to mind every detail of the second floor. We visited Terry at The Colonel Belcher Hospital before his death in February 1998.

Every family has a scapegoat on whom to blame the mysterious events of daily family life - who left the lights on, who ate the last piece of cake, who's muddy footprints track across the clean kitchen floor?? In our family, the answer was always, "Aloysius!"

Clair Paulson

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### Tennis Lessons!

The Calgary Tennis Academy is offering tennis lessons on Mount Royal Station Tennis Courts this spring and summer! Here is your change to enjoy the warm weather, try a new sport and brush up on your overhead smash!

The Pros welcome all ages and levels of tennis experience. Private, semi-private and group lessons are available at very reasonable prices.

For more information, or to book your lesson, please contact the Tennis Academy, 403 243 6717, or email [frontdesk.tennisac@telusplanet.net](mailto:frontdesk.tennisac@telusplanet.net).

Please note: all those wishing to take lessons on Mount Royal courts must be members of the MRCA. Join Today!

Tina Dargan, Facilities and Booking



## THE 78th FRASER HIGHLANDERS

*Calgary Garrison*

### 253<sup>rd</sup> Anniversary of the Battle of the Plains of Abraham

The 78<sup>th</sup> Fraser Highlanders will once again recognize the Anniversary of the Battle of the Plains of Abraham in a public celebration in South Mount Royal Park on Sunday, September 16, 2012. The community is invited to share in this annual special event. Activities will include:

- Performances by the Pipes & Drums of the 78<sup>th</sup> Fraser Highlanders
- A Commemorative Ceremony
- The Laying of Wreaths in memory of the fallen
- Drill and Musket demonstrations by the youth and senior squads of the 78<sup>th</sup> Fraser Highlanders, in period uniform



**Date:** Sunday, September 16, 2012  
**Time:** 10:30 am – 12:00 pm  
**Location:** South Mount Royal Park, Calgary

In 2009, in honour of the 250th anniversary of the Battle of the Plains of Abraham and the death of General Wolfe, the Garrison co-sponsored the re-installation of the statue at its current site in South Mount Royal Park. The service honours the soldiers of the French and British armies, les Canadiens, militia from what is now the United States and warriors of the Algonquin and Iroquois who fought, and died, on the Plains of Abraham in Quebec over 250 years ago. The service also pays tribute to those who continue to serve our country today.

For further information contact:

Cameron H. Diggon Cell: (403) 850-2746, Bus: (403) 251-2642

Email: [cameron@roguerresources.net](mailto:cameron@roguerresources.net) [www.78frasercalgary.ca](http://www.78frasercalgary.ca)

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## HISTORIC MOUNT ROYAL: 2140 14 Street SW

Our modest 1912 house still has some of its amazing original interior! There are 9 ft ceilings with drop beams in dark wood and a music room in the entrance way. Besides the built-in bookcases and picture railings, there are built-in china cabinets with leaded glass. The cook would pass food and dishes through the “false cupboard” from the kitchen to the dining room. Only two families lived here for the first 80 years. Luckily, neither of them changed these beautiful original features.

Patricia Knowles



## HISTORIC MOUNT ROYAL: 1111 Colborne Crescent

Although all of this Tudor Revival house reflects the utmost care in construction and detailing, the living-room, preserved in its entirety, is the showcase for the quality given in building this special home. It boasts polished mahogany paneling covering  $\frac{3}{4}$  of the walls, with built-in cupboards and bookshelves with leaded glass doors. Above the wainscoting is the original silk wallpaper brought in from Paris, France, hand stenciled by the artist who hand-painted the Grand Theatre. It has a beautiful golden glow in its untouched state. The few cracks in the ceiling are evidence of the solid foundation of the house. The room sports two overly efficient fireplaces built in a 1720 design by a fellow named Rumford. This room has seen weddings, concerts, memorial tributes and close gatherings with such dignitaries as the Provincial Premier and Arun Gandhi, Gandhi's grandson. There have been endless parties for family, friends and neighbours. If our house has spirits, as it well it could, they are all quite friendly and content, probably enjoying each of the gentle families that have passed a few years of their lives within these doors.

The house, built in 1910, was the dream home of the banker, William Connacher and his wife.

The boiler, much like the home, was built to last hundreds of years. It is constructed of a solid piece of cast iron that, I have been told, can't burn out. It has heated the home comfortably for a hundred years and should last at least for another hundred. The Saskatchewan Boiler Company servicemen roll their eyes at me for wasting their time when I call them in for yearly checks and servicing.

The house was built the first year plumbing and electricity were introduced in the suburban homes of Mount Royal. There was one toilet on the second floor, off a large dressing room, and one in the basement for the help. It must have seemed a luxury to have electric lights and an indoor toilet in our northern climate.

Linda Shaikh

**Precise Design**

Every detail from the light fixtures to the faucets, custom milling, backdrops and stainless steel appliances have been hand selected to create these masterful creations.

At every turn you'll see another intricate detail that defines this home as a true work of art.

*"Where the spirit does not work with the hand there is no art."*

~ Leonardo da Vinci

**THE ART OF CONTEMPORARY MOUNTAIN LIVING**

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**Calgary Office**  
(403) 244-9215  
Suite 1130, 396-11 Avenue SW  
Office Hours: Monday - Friday  
9am - 5pm

Prices start at just under \$1M  
[www.renaissancecanmore.com](http://www.renaissancecanmore.com)  
[info@crorp.ca](mailto:info@crorp.ca)

## A MESSAGE REGARDING CRIME AND SAFETY

As warm weather approaches, we are once again reminded of just how beautiful our neighborhood really is. We are also reminded, unfortunately, of how vulnerable it can be to crime. During this past year, the MRCA has heard from our Community Liaison Officers (CLOs) and Sheriff's department. One message has stood out: Crime is preventable - and community residents have the power to prevent it.

Although Mount Royal is one of the safer neighborhoods in Calgary, we are right in the middle of the inner city. Misdemeanors in a neighbourhood have been linked to the presence of specific "Indicators of Crime". These indicators include:

1. Graffiti - if you see it, REPORT it by calling 3-1-1 or 9-1-1 if it's in progress, and remove it. You can contact our hard-working 'Graffiti Brigade' at [beautification@mountroyalstation.ca](mailto:beautification@mountroyalstation.ca) to volunteer and receive a free graffiti removal kit. The City also recommends painting over it with matching paint. The most prominent 'graffiti magnets' are the large grey Canada Post boxes and their exact paint match is called (ironically) 'Jailhouse Rock' (C2), found at Walls Alive on 17th Avenue (\$6.00/spray can). If you have one of these boxes near your home, take note!
2. Unkempt houses or overgrown yards, including litter - now that Spring is here let's fix, clean and clip! The CLOs remind us to put recyclables in our blue bins just before the pick-up time, or as close to it as possible. To find out the times in your area, call the City at 3-1-1.
3. Poor outdoor lighting - make sure your outside areas are well lit, especially if you live alongside a park. Although our parks are patrolled, please report any suspicious activity. If you find discarded needles, call the Fire Dept. directly at (403)264-1022.
4. Shoes hanging from power lines - these are generally a harmless prank. Let's talk to our kids about how this is vandalism, and that it adversely affects the neighborhood. Call 3-1-1 to REPORT and have the shoes removed.
5. Consistent, excessive noise, including aggressive dogs - Remember to REPORT.

Police and bar owners have assured us that along 17th Avenue the majority of patrons are responsible citizens. "The Avenue is a 'draw' - not a gang area", and the recent shooting was not the norm. Our CPS report they have stepped up patrols in both Lower and Upper Mount Royal so we will continue to have a heavy Police presence (Do you know that Calgary had only 10 homicides in 2011, while Edmonton had 41?). Statistics show that crime does not flourish along blocks that have a strong community presence, so grab the kids and go for a stroll along the Avenue!

Remembering what we can do to keep our neighborhood safe is key: REPORT! Join the MRCA to keep informed. Check out the bulletin boards at the Clubhouse on 10th Street and Hillcrest Avenue. But the most important thing we can do to keep our community safe is take control and follow the crime prevention strategies in this article.

Megan McCarthy, MRCA Crime and Safety



### CALGARY POLICE SERVICE

#### CONTACT INFORMATION FOR RESIDENTS:

For emergencies, call 9-1-1

For non-emergencies, such as reporting suspicious activities, vandalism, graffiti, crime statistics, call (403) 266-1234 or go to [www.calgarypolice.ca](http://www.calgarypolice.ca) and follow the links.

REPORT - REPORT - REPORT

Any Suspicious Activity! Statistics can be found on the Website under 'Crime Mapping'.

#### COMMUNITY LIAISON OFFICERS:

##### Lower Mt. Royal

Cst. N. Paterson #4054  
District 1, Zone 5  
(403) 567-6100  
Email: [pol4054@calgarypolice.ca](mailto:pol4054@calgarypolice.ca)

##### Upper Mt. Royal

Cst. K. Biron #4297  
District 2, Zone 3  
(403) 567-6200  
Email: [pol4297@calgarypolice.ca](mailto:pol4297@calgarypolice.ca)

# !!!! 2012 MRCA Skating Party !!!!

A great time was had by all who attended

Many thanks to volunteers: Rosanne Woods, Alee Woods, Dale Dickinson, Marilyn Fowler, Stephen Fowler & Sean Fowler

The gang sleigh ridin' with Harv



Horse power in Mount Royal's streets



Harv hanging out with Stephen & Sean Fowler



Jenn Brenner & Lucas Smith with Harv



Mount Royal Transit System



Roasting marshies in the firepit



## HISTORIC MOUNT ROYAL: 830 18 Avenue SW

As part of the financial agreement to build a railway across Canada in the 1880's, the CPR was given large tracts of land by the Dominion government, including land in Calgary in the areas now known as Scarboro and Mount Royal. Once the railway came through, the CPR sold some of these land holdings to developers and individuals for residential development.

Stately homes were built on the contoured lots of "American Hill" (the early name for Mount Royal, due to the large number of American newcomers who settled here), while smaller, less ornamental, homes were quickly constructed at the base of the hill north of the current Cameron and Royal Avenues to house Calgary's burgeoning working population, including many employed by the CPR. Typical of the wood frame houses erected during the building frenzy of 1909 - 1912 was the modest home at 830 - 18 Avenue SW. Similar to other homes of this era, the house sits on a partial concrete foundation and features wood shingle cladding on the upper and horizontal bevelled siding on the lower exterior.

The land was purchased from the CPR in 1906, and a 1 ½ storey house was built in 1910/11 for an estimated cost of \$1500. The property was immediately purchased by Walter E. Avis, an inspector with the Alberta Government Telephone Company. Amazingly, the Avis family owned and lived in the house for the next 75 years!

Avis family members remained employed throughout the depression - one of the daughters as a school teacher at the Normal Practice School and then at Earl Grey School, and another as a stenographer with the National Drug and Chemical Company of Canada (for at least 20 years). The children lived out their lives at 830 - 18 Avenue until passing away during the mid-1980's. Family members are buried in the Burnsland Cemetery. The property has changed hands only twice since then and is currently owned by John and Linda Stewart. The interior has been upgraded, but the typical Douglas fir trim is still intact, and the oak fireplace mantel is similar to mail-order mantels advertised in the Robert Simpson Co. Ltd. catalogue of the time for \$55.00.

Linda Stewart

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## Healthy Homes

It's time to re-consider the chemicals in our homes.

Think about how much time you spend sleeping in your sheets (and pyjamas), living in your clothes, eating and drinking from your dishes. In order to keep chemicals to a minimum in your home, it would be ideal to change your cleaning products. A good place to start is to read the labels of your household cleaners. Here are a few ingredients you should live without :

- Sodium Lauryl Sulfate (SLS)
- Dioxane
- Nonylphenol Ethoxylate (NPE)
- Phosphates or Sulfates
- Artificial Fragrances
- Parabens

You can also consider making your own products. Here is an easy recipe for laundry detergent:

- 1 cup of grated bar soap (check the ingredients)
- 1 cup of washing soda (Arm & Hammer is good brand)
- 1 cup of Borax (sodium borate)
- You don't need to use a lot (a tablespoon or two)!



Dryer sheets and fabric softeners have been implicated to be endocrine disruptors, chemicals thought to interfere with the hormone systems in our bodies. This can have very negative effects on our health and overall functionality. As an alternative, you can always put white vinegar in the fabric softener section of your washer.

Enjoy your clean and fresh home!

Krista de Silva

## Ladies' Night

Come join our Mount Royal Ladies' Nights! The idea is to get neighbourhood women together at the Station House for an evening, without our little ones, and spend time with new friends while enjoying some food and wine. We have had a couple of these fun evenings now. The last one included a presentation from Stephana Bobey Poulsen on Discovery Toys. As a result of generous purchases from some of the mums, the playgroup will now receive a donation of new toys! Also, a special word of thanks to Krista de Silva and Jenn Brenner for organizing these evenings. Note, they are not just for playgroup mums so if any of the ladies in our community are interested please e-mail: [membership@mountroyalstation.ca](mailto:membership@mountroyalstation.ca).



Carrie Phillips, Kim Shore, Amber Mayr



Meaghan Worden, Debra Law,  
Christine Woolner, Jenn Brenner

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## Mount Royal "Mini Mountaineer" Playgroup!

Every Wednesday 9 - 11 am, Mount Royal Station

This weekly playgroup has become a huge success! Every week, the Station sees up to 30 little tots and their caregivers. Participants have gone to great lengths to create healthy and fun snacks for the group (as well as some not so healthy snacks for the moms and nannies who need it!). There have been crafts, games and sing-a-longs! If you and your kids are available, please join us every Wednesday! Thank you to Krista de Silva and Debra Law for their organizing and ongoing support!



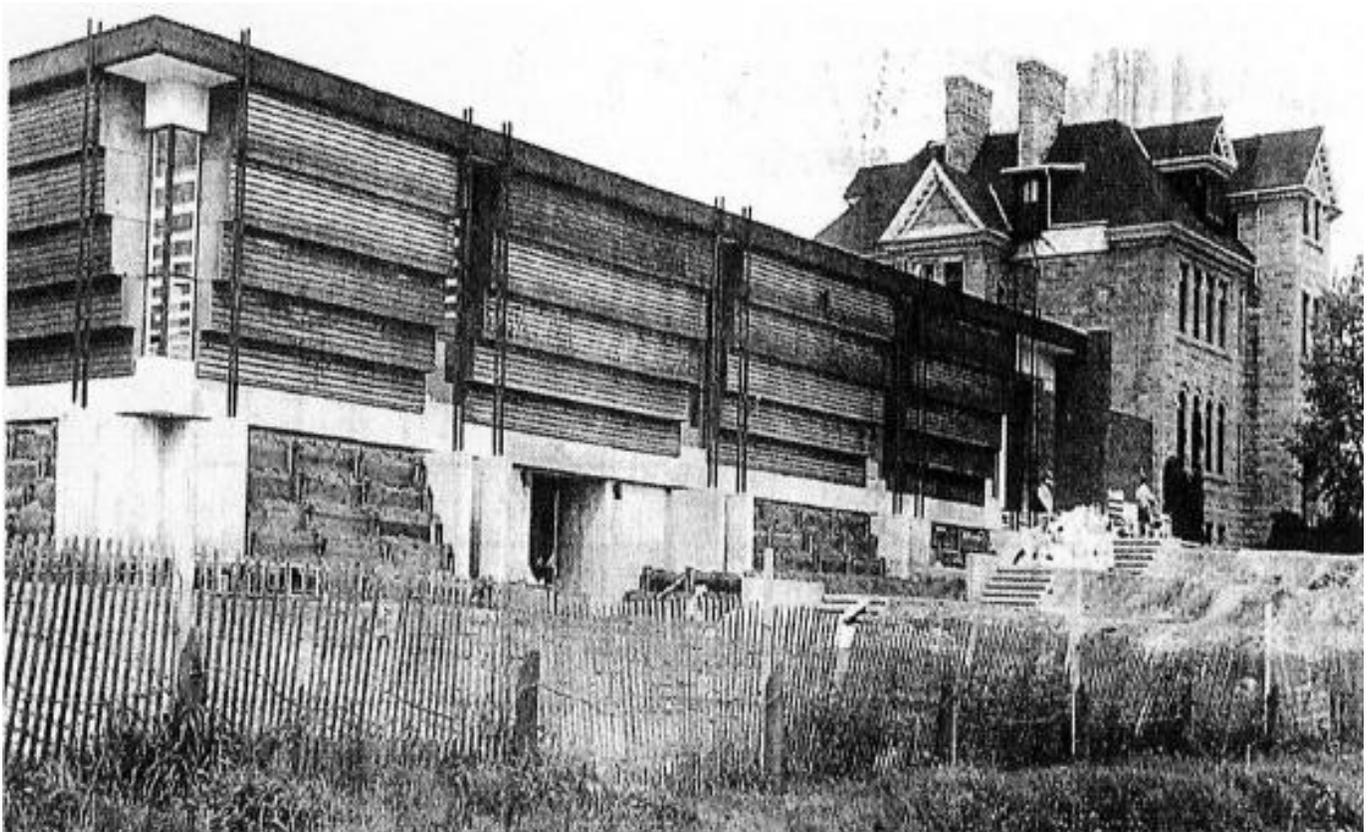
## Earl Grey Elementary School Turns 100!

Earl Grey School was recently recognized by the City of Calgary and the Calgary Heritage Authority for its historical significance. A plaque will be mounted on the exterior of the building to commemorate the history and uniqueness of the school's design.

This award acknowledges the architecture of our "new" building, but as you know, this building replaced the original sandstone building which was torn down. Earl Grey School will be celebrating 100 years next school year, in the spring of 2013. We have a legacy of excellence and community to celebrate. Stay tuned for more information as we begin to plan for this special occasion.

Diane Kamitakahara  
Principal, Earl Grey Elementary School

- The first Earl Grey School was a sandstone building, built in 1912, for students in Grades 1 - 8\*
- In 1919, a 5-hole golf course was built surrounding the school by neighbour and golf-enthusiast, Major Duncan Stuart of Hillcrest Avenue
- Within 3 years, there were 9 holes and 85 members
- The first 3 holes did not require grass maintenance, the grass was regularly trampled down as it doubled as the school playground
- Eventually the golf club was relocated, its current location is near Glenmore Reservoir
- In 1968, the current Earl Grey building was opened to serve an ever-growing population
- The following year, the old sandstone building was demolished due to safety concerns
- Earl Grey's modern, "open-area" classroom design was novel in the 1960s and '70s



The new Earl Grey School under construction beside the old sandstone school building, August 1968 (Glenbow NA-2864-1578-10).

*\*Information obtained from : Corbet, E & Simpson, L. Calgary's Mount Royal: A garden suburb, A paper prepared for the Planning and Building Department and the Heritage Advisory Board of the City of Calgary, Sept. 1994.*



**NAHEED NENSHI**  
**MAYOR**

**A MESSAGE FROM MAYOR NENSHI**

On behalf of my City Council colleagues and the citizens of Calgary, I would like to congratulate you for making the decision to become more involved with your Community Association. Whether you have committed to a term on the Board of Directors or have purchased your first membership, you are contributing to the quality of life in your community in a significant way.

We are at a place in Calgary's history where people are eager to have conversation about all of the ways we can make our city even better. Community Associations are a great way to turn those conversations into action. Whether you are focused on improving the programs offered in your community or want your voice to be heard with respect to issues such as transit access or planning decisions, Community Associations provide those opportunities in a very accessible way.

Calgary is a great city. By being responsive to the needs of a community's residents, Community Associates play an important role in creating this vibrant, diverse place we are all so proud to call home. I am grateful that you are engaged and open to finding all of the ways we can work together to build a better Calgary.

Sincerely,

*Naheed K. Nenshi*  
**MAYOR**



**LEE RICHARDSON**  
**MP CALGARY CENTRE**

**Developing Canada's Resources, and Growing our Economy.**

One of the key focuses in Canada's Economic Action Plan 2012 is the need to streamline the regulatory process for resource projects. This proactive step will ensure that Canada leads the world in sustainable resource exploration and development, while continuing the creation of new jobs, and long-term prosperity.

Responsible Resource Development is designed to end the burdens that are caused by the bureaucratic review process. This streamlined process will not remove any environmental safeties, or restrictions to sensitive ecological areas.

Currently, companies undertaking major projects must navigate a complex maze of regulatory requirements and processes, and approval processes are long and unpredictable. Responsible Resource Development will remove those unnecessary hurdles for entrepreneurs and companies.

Over the next ten years, more than 500 new projects representing over \$500 billion in new investments will be proposed for Canada. The potential for job growth is enormous.

For more information on this important change to Canada's resource review process visit <http://www.nrcan.gc.ca>.

Sincerely,

*Lee Richardson, MP*  
Suite 333, 1333 - 8th Street SW  
Calgary, Alberta T2R 1M6  
[www.LeeRichardson.ca](http://www.LeeRichardson.ca)  
Tel: 403-244-1880  
Fax: 403-245-3468  
Email: [Richardson.L@parl.gc.ca](mailto:Richardson.L@parl.gc.ca)





**ALLISON REDFORD**  
MLA, CALGARY - ELBOW

I would like to offer my sincere thanks to everyone who made it to the polls in April for the historic vote. Overall turnout was the highest since 1993, and in Calgary-Elbow almost two-thirds of you cast a vote! I'm grateful for the confidence you've placed in me, and I'm deeply humbled by your decision to allow me to represent you for another term.

In this election you voted for change, and we heard you loud and clear. You told me you want a fair, just and tolerant province built on economic strength and social responsibility; a place that builds bridges instead of walls and spends sensibly on your priorities while treating your money with the same respect you do. This is exactly what you're going to get. This government will keep its promises.

We're going to improve the public services (and keep them public) so you can access the right ones at the right time in the right way. We'll rein in public spending with multi-year budgets and balance Alberta's finances without sacrificing people or creating new taxes. We'll ensure Calgary has the infrastructure funds it needs to meet the demands of a growing population. And we'll give seniors and families plenty of options when it comes to continuing care and schools, respectively.

If you have any questions or concerns, please get in touch with my constituency office. As always, I am here to listen to your questions and concerns.

*Alison Redford*  
MLA, Calgary – Elbow  
#6, 22 Richard Way SW  
Calgary, Alberta T3E 7M9  
Tel: 403-252-0346  
Fax: 403-252-0520  
Email: calgary.elbow@assembly.ab.ca



**JOHN MAR**  
ALDERMAN, WARD 8

**Calgary's 20-Minute Makeover**

From Wed. June 6 to Sat. June 9, 2012, Calgarians are invited to participate in a city-wide litter cleanup. Grab garbage bags and gloves and clean up a boulevard, back alley or park – any public space that would benefit from a few minutes of special attention. Deposit collected litter in your regular garbage.

**What difference can 20 minutes make?**

If one in four Calgarians takes 20 minutes to pick up litter, we will have invested 5,000,000 minutes, 83,333 hours, or 2,222 work days cleaning up our city. That's a major makeover!

**Who can participate in the 20-Minute Makeover?**

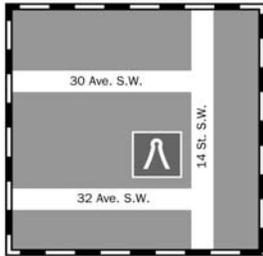
Individuals and families, neighbours, schools, corporate and community groups are all welcome to participate.

Join the challenge by going to the sign up page at <http://calgary.ca/PDA/LUPP/Pages/20-Minute-Makeover/Sign-up-20-Minute-Makeover.aspx>! If you have a group of ten or more, garbage bags and a t-shirt will be available for your group. Everyone who signs up will be entered to win prizes.

**Questions?** Contact the 20-Minute Makeover Team, visit the website [www.calgary.ca/20minutemakeover](http://www.calgary.ca/20minutemakeover), or call 3-1-1.

*John Mar, Alderman*  
Ward 8  
Tel: 403-268-2430  
Fax: 403-269-3823  
[www.johnmar.ca](http://www.johnmar.ca)  
[www.calgary.ca/alderman/ward8](http://www.calgary.ca/alderman/ward8)





## Alexander Calhoun Library 3223 – 14 Street SW

### Hours:

Monday - Thursday  
Friday & Saturday  
Sundays (mid-Sept to mid-May)

10 a.m. – 9 p.m.  
10 a.m. – 5 p.m.  
12 p.m. – 5 p.m.

Telephone: 403-260-2600



Register for programs by phone at 403-260-2620, online at [www.calgarypubliclibrary.com](http://www.calgarypubliclibrary.com), or in person at any Library branch. A valid Calgary Public Library card in your name is required to attend all programs.

### Fairy Tales Puppet Show

Join Gail Gregory of Tales, Tunes, and Puppetry for a puppet show featuring your favourite folk and fairy tales.

Ages 5 to 8

Saturday, Jun 09

10:30 - 11:30 a.m.

*Registration required*

### Flipbook Animation for Kids

Make your own cartoons by learning simple animation through creating flipbooks. Presented by Quickdraw Animation.

Ages 8 to 12

Saturday, Jun 16

10:30 a.m. - 12:00 p.m.

*Registration is required*

### Local to Global: Community Conversations

Join us in conversation as we explore local issues, news from around the world, emerging trends, and more.

Light refreshments served.

Independent of a parent/caregiver

Monday, Jun 11

7:00 - 8:30 p.m.

*Registration is required*

### 2012 TD Summer Reading Club

Join us as we kick off Imagine! the 2012 TD Summer Reading Club. Drop in for a scavenger hunt and other fun activities. Collect your activity booklet from your local Library branch and read all summer to win great prizes!

Saturday, Jun 16

10:00 a.m. - 4:00 p.m.

*No registration is required*

### Reading Buddies

Teen volunteers and Library staff provide one-on-one reading support and fun literacy activities for readers in Grades 1 to 3.

Ages 5 to 8

Monday, Aug 13, Tuesday, Aug 14, Wednesday, Aug 15, Thursday, Aug 16 and Friday, Aug 17

2:00 - 3:30 p.m.

*Registration is required*

### South African Puppet Show

Join us for traditional African stories including one of Nelson Mandela's favourites in this marionette puppet show.

Ages 4 and up

Saturday, Jun 23

11:00 - 11:45 a.m.

*No registration is required*

### CPO in Your Library - Robert Penner, Violin and Rafael Hoekman, Cello

Canadian Natural Resources Limited presents Calgary Philharmonic Orchestra Musicians in concert - classical favorites for all ages!

Monday, Jul 16

2:00 - 3:00 p.m.

*No registration required*

### Fabulous Hikes of the Foothills & How to Pack for Them

Not sure where to start hiking? With safety in mind, learn a few off the beaten track places to hike and view beautiful scenery and wildflowers on both gentle and challenging trails. Learn to read the basic signs of wildlife, weather and how to be bear-aware. Presented by Julie Walker of Full Circle Adventures.

Thursday, Jun 07

*Registration required*



## Fresh and Local Foods

Join the movement towards buying local, fresh produce! Provide your family with the healthiest, freshest vegetables and support local producers!

The season is just beginning and first on the scene is local Asparagus. Select firm stalks, with tightly closed tips, tinged slightly purple. Many people think the thin stalks are the only tender choice, but thicker stalks are more flavorful and just as tender at the start of the season. Thicker stalks are also sturdier, for grilling, and are less likely to overcook. Because local Asparagus is hand picked (a shorter stalk), lightly trim the ends, rinse well and steam or simmer until just barely tender (3-4 minutes) and still bright green. Drain and rinse in cold water, if serving cold, or serve immediately, hot. Fresh spears may also be lightly coated with olive oil and grilled until browned and tender, alongside steak or fish on the barbeque.

Asparagus, served hot or cold, benefits greatly from the addition of freshly squeezed lemon, melted butter or lemony Hollandaise sauce. A quick and easy recipe follows, if fear holds you back! Asparagus is the perfect accompaniment to grilled Salmon, or Halibut, available fresh during the early summer.

### BLENDER HOLLANDAISE

Scald blender container with boiling water (to warm it up)

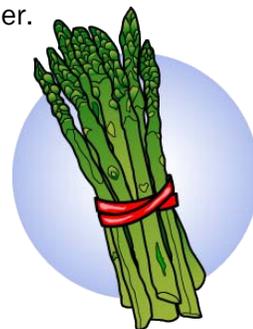
Place in blender:

- 3 egg yolks
- 2 tbsp fresh lemon juice plus 1/4 tsp finely grated lemon rind
- 1 pinch cayenne pepper
- 1/4 teaspoon sea salt

Have ready:

1/2 cup unsalted butter, melted to bubbling stage, very hot but not browned. Blend first ingredients on HIGH for 5 seconds, then add hot butter in a slow steady stream, with blender running, for about 30 seconds. Blend a few seconds more to finish. The heat of the butter is sufficient to cook the egg yolks. Serve immediately or keep warm over (not in!) hot water.

This sauce is excellent served over both fish and asparagus. Enjoy it with fresh chopped basil to garnish.



Val McFarland

---

## Dust off your bicycles, tune up your gears, and shine your bells Calgary!



June will see the second incarnation of one of Calgary's newest festivals: Cyclepalooza!

June 23 to July 2, 2012.

Cyclepalooza is a ten-day volunteer-directed, community-based, do-it-yourself bicycle festival modelled after Portland's Pedalpalooza and Vancouver's Velopalooza. It promotes the arts, culture, community, and fun in Calgary. It is fuelled by the desire to bring more publicity and interest to cycling.

Cyclepalooza's aim is to celebrate the unique feeling and kinship that comes from cycling in your community. Anyone, whether it's a business, an organization, a group of friends or an enterprising individual, can be part of Cyclepalooza. All it takes is an idea for an event that has to do with or happens on bicycles. It can be as simple as a ride to the park with a picnic, or as elaborate as a bicycle prom or a bicycle-themed art exhibition. The online calendar at [cyclepalooza.ca](http://cyclepalooza.ca) is open to anyone to advertise their events. With dozens of events organized by the community, those ten days in June will turn Calgary into a burst of cycling activity.



## Spring and Summer Gardening is Here!

Once again, the beauty has returned to the urban oasis in which we are privileged to live. The lawns and the buds are renewing themselves and lifting our spirits. What a gift the beauty of manicured gardens and parks in Mount Royal are, to the urban landscape and to our individual lives; for beauty is always restorative to the soul.

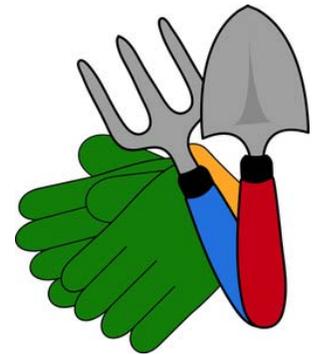
It is no accident that we are surrounded by lovely parks and gardens, for the original development plan called for Mount Royal to be one of the "Garden Cities" of North America. The long range foresight of the original developers is the reason that our neighbourhood remains one of the most highly sought-after areas of Calgary.

This year is the special celebration of the 100 Year Anniversary of Mount Royal. Throughout the summer months the city has special events planned and our neighbourhood will be receiving more notice than usual. Walking tours are planned and many centenary homes will be marked for special recognition.

Keeping our parks and traffic circles in good condition is especially important this year. Let's work hard to live up to Mount Royal's reputation as a "Garden City"!

\*\*\*

Charlene, Val and Susan would like to thank all of you who came out last year to help in our clean-up of Wolf Park flower beds and the traffic circles. Please watch for flyers and signs notifying you of work days in the park in June. We need lots of willing hands and it is a fun way to greet your neighbours! So put on your gloves and come join us.



Let's Work to Keep Mount Royal Beautiful!

Susan Hearn, Historic Mount Royal Beautification Committee  
[beautification@mountroyalstation.ca](mailto:beautification@mountroyalstation.ca).

## COMMUNITY BULLETIN BOARD

We'd like to thank the neighbours who contributed their time and creative muse for this newsletter!

Marlene Cameron  
Tina Dargan  
Krista de Silva  
Allan Fowler  
Sarah Hall

Susan Hearn  
Patricia Knowles  
Debra Law  
Megan McCarthy

Val McFarland  
Geraldine Nolan  
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**Recently Sold:**

- Inner City Residence – Offered at \$9,000,000 – Represented Seller & Buyer
- Elbow Park – Offered at \$2,600,000 – Represented Seller & Buyer
- Elbow Park – Offered at \$2,400,000 – Represented Buyer
- Britannia – Offered at \$1,375,000 – Represented Seller & Buyer
- Britannia – Offered at \$1,325,000 – Represented Seller
- Sunalta – Offered at \$935,000 – Represented Seller

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 Tel: 403-589-3988  
 Email: lesmore@shaw.ca  
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**Francois Bradette,**  
Project manager

PH: (403) 397-9698  
e-mail: [krull\\_francois@hotmail.com](mailto:krull_francois@hotmail.com)

# Your Mount Royal Community Membership



## What's it all about?

We live in a beautiful inner city neighbourhood that takes pride in its community's environment. A team of dedicated volunteer board members work on your behalf to make the Mount Royal community a sought-after place to live. Your membership offers terrific value and means that you can:

### Attend Exciting Events

- skating party
- summer BBQ
- wine & cheese party
- annual dinner party

### Use the MRCA Facilities

- skating rink
- tennis courts
- playground
- clubhouse rental
- children's playgroup

### Support and Stay Informed

- graffiti removal
- historic appreciation
- beautification
- crime and safety
- traffic
- community development
- newsletters

### It's easy to join!

- Go to [www.mountroyalstation.ca](http://www.mountroyalstation.ca) and sign up or
- Complete this form and drop it off with a cheque (made out to Mount Royal Community Association) in the Station mailbox (2317 – 10 Street SW)

## Mount Royal Community Association Membership Effective January 1 - December 31, 2012

Family Name: \_\_\_\_\_ First Name: \_\_\_\_\_

Email: \_\_\_\_\_

Address: \_\_\_\_\_

Postal Code: \_\_\_\_\_ Phone: \_\_\_\_\_

<input type="checkbox"/>	MRCA Family Membership	\$45	\$ _____
<input type="checkbox"/>	Seniors Membership – Over 65	\$20	\$ _____
<input type="checkbox"/>	Single Membership	\$20	\$ _____
<input type="checkbox"/>	Associate Membership Non-Resident	\$90	\$ _____
<input type="checkbox"/>	Tennis Key Fee (members only, non-refundable)	\$15	\$ _____
<input type="checkbox"/>	Donation to the Community (tax receipt <input type="checkbox"/> Yes <input type="checkbox"/> No)		\$ _____
<input type="checkbox"/>	Interested in Volunteering? <input type="checkbox"/> Yes <input type="checkbox"/> No		
		TOTAL	\$ _____