



# Mount Royal

COMMUNITY NEWS



JULY • AUGUST 2004

## President's Message

Now that's what we're talking about! If you will recall, the "Message from the President" in the last newsletter appealed to our neighbors to demonstrate their community spirit by coming together and organizing a block party this year. We envisioned charcoal barbecues set mid street, a football tossed to and fro, perhaps a cold drink in hand as neighbors chat on a blocked off avenue within Mount Royal on a sunny afternoon turning into a lazy sunset.... Kudos to the residents of 17th Avenue, who took the concept to unbelievable heights for a sustained period spanning May and June. So enthusiastically was the "block party" concept embraced by these Mount Royal residents (and others, I suppose) that helicopters hovered overhead long into the night, national and international television stations covered the festivities, and there were even (we are told) websites demonstrating the enthusiasm of our neighbors in a show of, ahem, community spirit. For those of you on Earl Grey Crescent, something more modest would be just fine as you plan your block party, and please – no websites.

Of course, the celebration associated with the Flames run through the playoffs to the Stanley Cup Finals came with some unfortunate side effects for our neighbors in Lower Mount Royal, specifically those along College Lane, Royal Avenue and 7th and Hope Streets. These included noise, vandalism, theft and enduring

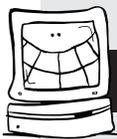
trespassing revelers. Several neighbors contacted the Community Association with concerns about these intrusions. They were referred to our Alderman and to Calgary Police Services.

Those careful to follow technical trading prognostication put forward by late-night "get rich quick" infomercials are particularly nervous that what started as a 1989 celebration along Electric Avenue (11th Ave) has migrated to 17th Avenue this year. Extrapolation of these facts suggests that in the year 2019 throngs of people will be parading down Prospect Avenue to celebrate the Flames third Stanley Cup run. This is not lost on the MRCA Executive and we will respond with characteristic aplomb (you should start receiving survey questionnaires related to our responses starting soon, with various machinations distributed to Mount Royal residents by both the City and the Community Association – by telephone, by ballot and by whatever new-fangled means come along through to 2020).

The block party idea was successfully executed by neighbors on Joliet, Vercheres, and Alfeges, who celebrated their fourth annual gathering. Thank you, Karen. That too is what we're talking about. But still – no websites please.

Volunteers from Mount Royal turned out to give their time to a successful effort at a The Elbow River Inn & Casino in June. Thanks go out to Colin Ogilvy and his very large Rugby

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## OFFICERS

Term: NOV 2003 to NOV 2004

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## MOUNT ROYAL COMMUNITY NEWS

Editor, Submissions Una Shields

**For Advertising, Inquiries or Submissions; Contact Una Shields**  
Phone 242-3729, E-mail unashields@shaw.ca or drop of your submission, 2220 12th Street SW, T2T 3N4.

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SEPTEMBER 8, 2004

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\$250	full page 7" w x 9" h

Mount Royal Community News is published bi-monthly.  
Thank you to the Glencoe Club who most generously print this newsletter.

## President's Message

CONT'D FROM PAGE 1

players, Harry Taylor and the Toastmasters, Mark Russell, Bill & Pat Jaschke, Fred and Brody Woods and to our Past President (for event coordination). The only thing more amazing than the spirit of volunteerism shown is that people actually gamble the sums they do to allow us to partake of a large haul for our community chest.

Those Toastmasters are a wonderful bunch. They have been loyal tenants in our Mount Royal Station for years, sponsored there by our neighbor Harry Taylor. Harry has an ongoing appeal to increase the membership of the local Toastmasters branch. Toastmasters members learn by speaking to groups and working with others in a supportive environment. A typical Toastmasters club is made up of people who meet once a week for about an hour. Each meeting gives everyone an opportunity to practice:

- Conducting meetings. Meetings usually begin with a short business session which helps members learn basic meeting procedures.
- Giving impromptu speeches. Members present one-to two-minute impromptu speeches on assigned topics.
- Presenting prepared speeches. Three or more members present speeches based on projects from the Toastmasters International Communication and Leadership Program manuals. Projects cover such topics as speech organization, voice, language, gestures, and persuasion.
- Offering constructive evaluation. Every prepared speaker is assigned an evaluator who points out speech strengths and offers suggestions for improvement.

Harry has been loyal; so too are we.  
Call him at 244-2843.

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## President's Message CONT'D FROM PAGE 2

Our neighbor Charlene Prickett runs a series of High Adventure camps for adults, and has made an interesting proposition to raise funds for the MRCA (which surely would be healthier than chip-running in a smoke filled casino). Registrations of MRCA members to her Fall High Adventure at the Fairmont Chateau Lake Louise Sep 19-22 or 19-26 will plop funds into our community chest. Fall High Adventure is like summer camp with turn down service. Catering to both the barely fit and highly fit, this program offers guided walks, hikes, horseback trail rides and bicycling trips as well as instruction in fly fishing, rock climbing, fitness, canoeing, watercolour, and photography. According to Charlene, people have been known to ditch the adventure and spend the day on a bench with a novel (the "MRCA Executive Programme").

All activities and meals are included in the price of registration. Activities and classes are led by local, certified experts. For full details, see [charleneprickett.com](http://charleneprickett.com). Click Adventure Trip on home page, and then click Fall Adventure. Then call Sean at 403-212-5199. Be sure to say you are from MRCA so we get paid.

Plug, plug, plug. Harry is looking for debaters. Charlene is hoping to tone the masses. Susan Walch would like to keep the Mount Royal Station facility fully utilized, with particular outreach (plug, plug, plug) to MRCA member-sponsored groups. Una Shields would like to fill our newsletter with advertising from local businesses. Please help all of these folks.

And finally, we couldn't end without some poignant reference herein to "traffic calming" so here it is: drive safely.

And have a nice summer.

*Bruce Calvin*

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## Keep Connected

**UPDATE YOU ADDRESS IN OUR RECORDS!!**  
*Have you had a change of address – or a change of email address?* Our community would like to start using email for letting you know what is happening – however many of our address records are out of date. We have added an Address Update page to our website...

**[www.mountroyalstation.ca](http://www.mountroyalstation.ca)**

...give it a try if you want to get email reminders and mail outs from the community.

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## do you know...

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[walch@telus.net](mailto:walch@telus.net)**

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# Neighbourhood News

## BABYSITTER LIST

### Amanda

- teen, babysitters certificate
- 

### Caroline

- babysitters certificate
- 

### Daniel McCormick

- 14 year old experienced babysitter
- weekends only please
- 

### Isabel

- will bring crafts
- babysitters certificate
- 

### Julie-Anne

- teen, babysitters certificate
- 

### Kristy

- babysitters certificate
- 

Like to “join the list”? CONTACT...

Una Shields, **Communications Director**

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# Neighbourhood Event

## BLOCK PARTY

The neighbors of Joliet, Vercheres, and Alfeges, have gathered once again to celebrate their fourth annual block party. Every year in March a group of approximately twelve women in the neighborhood get together for wine and cheese to initiate the planning of our event. With great cooperation and good cheer, we divvy up the duties in order for it not to be too onerous on any one person. We usually do have a coordinator or two who volunteer to take on a larger share of the work to ensure seamless operations; but with so many willing committee members we have successfully employed the “Many hands make light work” strategy. In fact, some of the most fun is had at the planning meetings where we all get to know each other.

This year we had a packed lineup of entertainment for young and old to enjoy. Beginning the days events was our favorite Jazz band. Each year we are lucky enough to be entertained by a faction of the Westwinds Jazz Band for a full two hours of fabulous music. Just as the Jazz band put away their instruments our neighborhood fire fighters arrived for a visit keeping many dazzled for the duration. As the firefighters honked their horns and drove off,

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**4th Annual  
Block Party  
neighbors of  
Joliet,  
Vercheres and  
Alfeges**



# Neighbourhood Event

CONTINUED FROM PAGE 4

everyone's attention turned to the Karaoke tent which was ready to roll. We managed to entice most listeners into giving it a try. The kids particularly loved getting up and singing their favourite tunes. Patches the Clown kept the little ones mesmerized throughout, and with the added bonus of a Jumping Balloon, a Margarita and Slushy machine, bike jumps, hockey nets, a basketball net, and enough hamburgers, hotdogs, gourmet salads, and deserts brought by everyone to last the full afternoon; it was an amazing success. We even managed to find beautiful weather in the midst of a rainy weekend to top it all off.



**Karaoke Kids!**



**Our neighborhood fire fighters**

*Karen Koonan 541 0889  
karenandharry@shaw.ca*

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# Traffic Safety Report



What follows in this Traffic Report is a copy of the recommendations made by employees of the City of Calgary to City Council as they relate to traffic calming in Mount Royal and Elbow Park. Not all of the attachments pertinent to Mount Royal are included but they are available on the city website ([www.calgary.ca/transportation/](http://www.calgary.ca/transportation/)).

The information illustrates that measures installed to date have been highly successful at reducing the traffic volumes in the core of Mount Royal. There are several roadways in Mount Royal where the volumes have slightly increased – however, those roadways are scheduled to be addressed in Phase 2 of the Traffic Plan.

It is interesting to observe that with the installation of only a single restrictive measure – the tail on the traffic circle at Premier Way and Carleton which requires a 30 second detour during peak times – the city has reduced the volumes of traffic in the core of the community

by 26%. Phase 2 of the traffic plan has no new restrictive measures, just circles that do not restrict access in any direction.

The plan was that the Phase One measures would be made permanent this summer with the approval of a subcommittee of City Council. However, Alderman King requested that the approval request scheduled for June 16 be tabled due to her absence. Unfortunately this may likely mean that we have to live with the “temporary” and ugly concrete measures for another 12 months, depending on the length of construction season. The City run survey results – including a random telephone survey that ensured inclusion of the apartments in Lower Mount Royal – indicate that the majority of residents in the community are aware of the Traffic Calming initiatives and would like these measures installed permanently.

The primary goal of the Community Association at this time is to assist the City in replacing the ugly concrete of the temporary measures with better engineered, safer, landscaped, permanent roadway changes that blend in with the community.

The City has not addressed the on-going costs for the upkeep of the traffic measures. Hopefully the following will address community concerns:

1. The City pays for all curb work, pavement and concrete to install the permanent measures. There has never been any talk of additional property tax requirements. They also provide a 10% enhancement fund that is spent at the discretion of the Community. The funds have been earmarked for the following two areas:

Rather than a big, ugly truck apron on the circles we want to use either interlocking pavers or patterned concrete. Jim Waugh and Mark Russell are advising us on what is a good idea.

The large areas will need watering, so we are asking the City to put money towards the water connections as well. If they can't cover it – the Community Association will chip in from our general funds.

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# Traffic Safety Report

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2. The plan is to landscape the measures with trees and grass so that they resemble existing park areas in the community. The planting of flowers may be carried out by adjoining residents who wish to embellish the garden areas; however this would have to be done under the auspices of the Community Association.
3. The Community Association is responsible for landscaping costs. It may sit as grassed areas while we plan and raise money, if required.
4. Ongoing maintenance – Minimal, but it will be handled by the community association. Most people in Mount Royal probably do not realize that the existing community center park area is maintained by the community association – not the city. If necessary we will add the requirements onto that gardening services scope of work. Yes there is a cost – probably in the order of \$2 per year per member of the community association, and can be budgeted within the current level of ongoing MRCA revenues.
5. The city parks department may even step up and cut the grass areas if they have the resources – they seem to help out where they can.

6. Your Community Association has handled the paving of the tennis courts, the rebuilding of the playground, the upkeep of the community center and grounds, etc, for many years and we believe that this traffic calming upkeep requirement is quite within our financial and volunteer capabilities and funding from our extremely generous community is never really a problem. We are a very financially strong community association.  
Have a great summer!

*Jeff Holloway*  
*Traffic Safety Director*  
650-8315  
*jeff.holloway@shaw.ca*

## PAGES 8-12

**...recommendations made by employees of the City of Calgary to City Council as they relate to traffic calming in Mount Royal and Elbow Park. Not all of the attachments pertinent to Mount Royal are included but they are available on the city website ([www.calgary.ca/transportation/](http://www.calgary.ca/transportation/))**



**MOUNT ROYAL**  
1708 - 8th Street SW, 229 0900



**MOUNT ROYAL**  
815A - 17th Avenue SW, 229 9463

## **MOUNT ROYAL AND ELBOW PARK TRAFFIC STUDY UPDATE**

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### **SUMMARY / ISSUE**

Status of phase one trial and phase two traffic calming measures in Mount Royal and Elbow Park.

### **PREVIOUS COUNCIL DIRECTION**

Report TTP2002-66, approved by Committee 2002 December, directed Administration to install trial stage 1 traffic measures, monitor the impact, work with community representatives and report back to the committee on the need to make trial measures permanent and the need for stage 2 traffic measures.

### **RECOMMENDATIONS**

The S.P.C. on Land Use, Planning and Transportation recommends that Council:

1. Direct Administration to proceed with construction of permanent traffic calming measures to replace phase one trial traffic calming measures in Mount Royal and Elbow Park, as shown in Attachment 1; and
2. Direct Administration to proceed with construction of phase two traffic calming measures in Mount Royal and Elbow Park, as shown in Attachment 1.

### **INVESTIGATION**

Mount Royal and Elbow Park are inner city communities with short cutting and speeding traffic on community roads. The City has worked with community representatives to address these issues for over two decades.

Report TTP2002-66 identified a three phase plan to address traffic issues, beginning with less intrusive measures and proceeding to more restrictive measures, if required. As traffic calming measures have been in place for at least six months, Administration has taken steps to evaluate their effectiveness

and make recommendations. Traffic volumes in Mount Royal are down 7% overall and down 26% in the core of the community, as shown in Attachment 2. Speeds in Elbow Park are down 11% to 15% where new traffic calming measures are in place, as shown in Attachment 3.

Support for trial traffic measures, based on those who responded to an opinion survey delivered to all households in 2002, was 70% in Mount Royal and 71% in Elbow Park. Trial traffic measures now in place have been well received in Elbow Park, while Mount Royal traffic measures have had mixed reviews. To gauge community support for traffic measures in Mount Royal, two public meetings, multi-media surveys and a random telephone survey were completed. Refer to Attachment 4 for a summary of survey results.

Proposed traffic calming measures in Mount Royal and Elbow Park, and timing of construction, are shown on Attachment 1.

Mount Royal and Elbow Park Community Associations, area schools, adjacent communities and Alderman King are in support of the recommended plan as shown in Attachment 1. The plan has been circulated to emergency services, Transit and others with no major objections.

### **IMPLICATIONS**

#### **General**

Trial traffic calming measures have reduced traffic volume and speed resulting in safer, more liveable communities. Traffic measures that restrict community access have been avoided. Trial traffic measure in Mount Royal are not attractive, however, proposed permanent measures will be more attractive and more effective in slowing traffic.

## **MOUNT ROYAL AND ELBOW PARK TRAFFIC STUDY UPDATE**

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### **Social**

Less short cutting and speeding and improved pedestrian safety will enhance the quality of life in Mount Royal and Elbow Park.

### **Environmental**

Traffic calming is a means to reduce vehicle emissions, enhance community liveability and improve the travel environment for motorists, pedestrians and cyclists.

### **Economic (external)**

Traffic calming helps to maintain and enhance the attractiveness of established communities and positively impact Calgary's tax base.

6. Letter of Support from Elbow Park Residents Association, dated 2004 June 1
7. Letter of support from Mount Royal and Elbow Park Community Associations, dated 2004 June 1
8. Letter of support from Elbow Park School Council, dated 2004 June 4
9. Letter of support from Don Robertson, Earl Grey School
10. Letter of Support from Sandra Murfitt, Ecole William School

## **BUDGET IMPLICATIONS**

Council has approved \$1,000,000 for traffic calming work in 2004/05 in Program 186. The S.P.C on Transportation, Transit and Parking has already approved \$345,000 for Mount Royal and \$287,000 for Elbow Park traffic calming design, trial measures and permanent construction. Total estimated cost of traffic calming measures is \$568,400. No new funding is required to complete the work. All Program 186 funds, for 2004 and 2005, have been allocated to Council approved projects.

## **RISKS**

If recommendations are not supported, then improved safety due to lower speeds and traffic volumes will not be realized.

## **ATTACHMENTS**

1. Map of Proposed Traffic Calming Measures -Mount Royal and Elbow Park
2. Traffic Volume Changes – Mount Royal
3. Speed Changes – Elbow Park
4. Survey Results – Mount Royal & Elbow Park
5. Traffic Improvement Summary – Program 186 Financing and Expenditures

# Traffic Volume Changes

Mount Royal

'Before' and 'After' Trial Traffic Calming Measures in Place

## Traffic Volume Changes by Single Location

Location			Daily Traffic Volume in vehicles per day (24-hour, 2-way)		
#	On	Description	Before	After	% change
1	8 Street	south of Royal Avenue	6,700	6,800	1%
2	8 Street	north of Frontenac Avenue	6,900	5,200	-25%
3	12 Street	north of Colborne Crescent	700	700	0%
4	Carleton Street	south of Premier Way	1,800	1,000	-44%
4b	Carleton Street	south of Prospect Avenue	1,900	1,000	-47%
5	Royal Avenue	west of College Lane	4,500	5,000	11%
6	Hillcrest Avenue	east of Earl Grey Crescent	1,200	1,100	-8%
7	Hillcrest Avenue	east of 8 Street	2,100	1,800	-14%
8	Colborne Crescent	east of 14 Street	1,900	2,000	5%
9	Quebec Avenue	east of 14 Street	900	1,000	11%
10	Premier Way	east of 14 Street	3,100	3,000	-3%
11	Council Way	east of 14 Street	5,100	6,600	29%
12	10 Street	south of Prospect Avenue	1,800	1,300	-28%

**Notes** Trial traffic calming measures installed September 2003  
 'Before' traffic counts prior to trial traffic calming measures  
 'After' traffic counts completed winter 2003 and 2004  
 Revised May 11 to include counts 4B and 12

## Traffic Volume Changes by Area

Whole community	locations 1 to 11	<b>34,900</b>	<b>34,200</b>	<b>-2%</b>
Whole community less Council Way	locations 1 to 10	<b>29,800</b>	<b>27,600</b>	<b>-7%</b>
Core of Community	locations 2, 4 & 7	<b>10,800</b>	<b>8,000</b>	<b>-26%</b>
North-South routes	locations 4b and 12	<b>3,700</b>	<b>2,300</b>	<b>-38%</b>
Perimeter of Community	locations 1, 3, 5, 6, 8, 9, 10, 11	24,100	26,200	9%
Perimeter less Council Way	locations 1, 3, 5, 6, 8, 9, 10	19,000	19,600	3%

### Observations

- Overall traffic volumes have decreased slightly (2%) since trial traffic calming measures installed in Fall 2003.
- Overall traffic volumes, excluding Council Way, have decreased 7%
- Traffic volumes in the core of Mount Royal are down significantly (26%)
- Traffic volume changes on Carleton Street and on 10 Street are down significantly (38%)
- Traffic volumes are up 9% at the perimeter of Mount Royal
- Traffic volumes on Council Way are up 29%
- The increase in traffic on Council Way is likely due to some traffic shifting to Council Way to avoid construction and related congestion on Sifton Blvd and Elbow Drive . It is expected that traffic volumes on Council Way will decrease once construction on Elbow Drive and on Sifton Blvd. is complete.

# Survey Results

## Mount Royal & Elbow Park

### 2002 - Elbow Park & Mount Royal Traffic Plan

TTP2002-66 Report, December 2002

METHOD: Survey dropped at all households

		Support for Traffic Plan					
Households	Responses	Response Rate	Yes		No		
			Count	%	Count	%	
Mount Royal	3,250	479	15%	333	70%	146	30%
Elbow Park	1,100	418	38%	297	71%	121	29%

### 2004 - Elbow Park & Mount Royal Traffic Study Update

LPT2004 Report, June 16, 2004

METHOD: Paper survey &amp; electronic kiosk survey at public meeting May 13, 2004, and on-line survey

		Q1 Familiar with study?		Q4 Make trials permanent?		Q5 New circle on Royal?		Q6 New circle on 8 St?		
Mount Royal	Responses	yes	%	yes	%	yes	%	yes	%	
		paper survey from meeting, mailed, faxed	50	47	<b>94</b>	31	<b>63</b>	32	<b>64</b>	28
electronic kiosk at public meeting	19	19	<b>100</b>	12	<b>75</b>	13	<b>72</b>	15	<b>83</b>	
completed on-line	101	96	<b>100</b>	68	<b>71</b>	68	<b>75</b>	64	<b>67</b>	
<b>Total</b>		170	162	<b>95%</b>	111	<b>65%</b>	113	<b>66%</b>	107	<b>63%</b>
<b>Elbow Park</b>	additional survey not required									

METHOD: Random telephone survey, May 14 to May 19, 2004 Margin of error: +/- 5.0 percentage points, 19 times out of 20

		Q1 Familiar with study?		Q4 Make trials permanent?		Q5 New circle on Royal?		Q6 New circle on 8 St?	
Mount Royal	Responses	yes	%	yes	%	yes	%	yes	%
			360	231	<b>64%</b>	161	<b>54%</b>	161	<b>55%</b>

Notes: Percentages shown are for "yes" and "no" responses only. No opinion and non responses are not included.  
Totals may not add to 100% due to rounding

**Traffic Improvement Summary**  
**Program 186**  
**Mount Royal and Elbow Park Traffic Study Update**

	<b>Mount Royal</b>	<b>Elbow Park</b>	<b>Total</b>
<b>Council Approved Budget (TTP2002-66)</b>	\$ 345,000	\$ 287,000	\$ 632,000
<b>Proposed Expenditures (LPT2004 - June 16)</b>	\$ 292,900	\$ 275,500	\$ 568,400

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# Neighbourhood News



SUMMER TIME IS FUN TIME at the  
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I was recently involved in the sale's of the following properties

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# Greetings from Alderman King

At last spring is here and the flowers are into bloom! At festivals around the Ward, such as the recent Lilac Festival, it's a pleasure to see many of you enjoying the vibrancy of our neighbourhoods. It's also been a pleasure to see many of you on "The Red Mile" celebrating the Flames' amazing (and well-deserved) successes.

For the west part of the ward there are three major stories. The Marda Loop traffic and parking study is now underway. Recently community representatives from South Calgary and Richmond plus a business representative from the BRZ and myself met with City administrators and the consultants working on the project. As soon as there are some firm proposals, they will be presented at an open house – so we hope many of you will be interested!

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The development proposals for CFB West – the new community planned for west of Crowchild that will be twice the size of Garrison Woods – are taking another step forward and are very attractive. Also we'll be getting another Safeway's – in place of Sport Chek on 37th Street.

The Bow Trail widening study is also getting underway, and open houses are planned for June for anyone who's interested. Enhancing a major road like Bow Trail should help keep through-cutting vehicles out of our communities.

Further east in the ward, traffic calming measures in Mount Royal and Elbow Park have been evaluated and found to be successful in making the neighbourhoods safer. That is good news for those communities, who have put in years (if not decades) of volunteerism to improve their situations, and also for other communities like Killarney that are looking forward to their own solutions.

In Cliff Bungalow-Mission the two-way conversion of 2nd and 5th Streets was recently challenged at Council, but since that community and its neighbouring communities and myself as ward alderman were very supportive of the two-way system improving the local environment, Council agreed for it to stay. To ensure it works as best it can, there will be a further report in a year.

At City Council we are already beginning to prepare for the fall municipal election. I will again be putting my name forward to continue to represent you at City Hall, and hope very much for your support.

Best wishes for a wonderful summer!

Madeleine King, Ward 8, Aldermanic Office  
City of Calgary, PO Box 2100, Stn M  
Calgary, AB T2P 2M5  
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mking@gov.calgary.ab.ca

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# Report to the Community

David Tuer, Chair  
Calgary Health Region

## REGION COMMITTED TO MAKING SAFE HEALTH-CARE SYSTEM SAFER

A national study on patient safety, released in May by Dr Peter Norton of the University of Calgary and Dr Ross Baker of the University of Toronto, serves as an opportunity to make a great health-care system even better. The study puts Canada's rate of "adverse events" at 7.5 patients per 100, slightly below countries such as England, New Zealand and Australia. An adverse event is an injury or complication caused by the actions of individuals or the health-care system rather than the patient's underlying condition. Although Canada fares well in comparison to other countries, the number of patients suffering adverse events is still too high. The results of this study give health-care providers an opportunity to examine the way they work. Some changes will require an investment, but we are committed to make changes where necessary. It is worth noting that this study did not heighten the Calgary Health Region's awareness of the issue of patient safety. We have a culture that promotes patient safety at every level, from administration to frontline staff.

## BOARD APPROVES INTERIM BUDGET

The cost of providing quality health care is rising faster than our capacity to pay for it. In May, the Calgary Health Region's board approved a \$1-billion six-month interim budget while we await the results of health-care funding discussions with the provincial and federal governments. The board has authorized management to maintain spending at current levels in order to maintain current levels of service. We have been working with the provincial government to let them know our funding requirements. We know they understand the pressures on the health-care system, pressures that affect both staff and patients. We are confident both the provincial and federal governments will do the right thing. The Calgary Health Region is committed to providing quality health care to our communities. This is our top priority.

## NEW FOOTHILLS PARKADE WILL ADDRESS COMMUNITY CONCERNS

After an extensive process, the Calgary Health Region has selected Foothills Parkade Ltd. to design, build and operate a \$23-million parking project at the Foothills Medical Centre. The Calgary Health Region completed a master plan for Foothills in 2002. Planned redevelopment for the site will cause the loss of parking stalls and will increase parking demand at the site. To meet the demand, a 1,558-stall parkade will be built. This project will help address a long-standing concern with the surrounding communities about parking. Communities will continue to be consulted on the appearance of the parkade, with \$800,000 set aside to address aesthetic concerns. The parking structure will be self-supporting from parking revenues. Health-care dollars are not being used. Construction will begin this summer with completion scheduled for the summer of 2005.

CONTINUED ON PAGE 16

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**"It takes talking to them!"**

- In Home Consultations
- Programs designed to fit your lifestyle
- Advance your pup from 8 weeks and up

**Ensure your K-9 companion respects you, your family and other dogs**

**Call Jennifer Bartlett**

Phone: (403) 281-1112  
Cell (403) 512-0068  
E-mail: [incrediblepuppy@shaw.ca](mailto:incrediblepuppy@shaw.ca)

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## Report to the Community CONTINUED FROM PAGE 15

### ELECTRONIC IMAGING SYSTEM BENEFITS PATIENT CARE

More than 4,000 health-care providers at the Calgary Health Region's four urban hospitals can now access medical images with the click of a computer mouse, allowing for significantly more efficient and effective patient care. The Calgary Health Region recently completed a four-year, \$22 million project to implement the Picture Archiving and Communication System (PACS), creating the largest integrated electronic diagnostic imaging system in Canada. PACS captures, transmits and stores diagnostic images such as X-rays and CAT scans in digital form. The sophisticated system allows multiple health-care providers at different sites to access these images simultaneously via a secure web browser only moments after the exams are completed. The exams can then be viewed by multiple users from any one of 5,000 networked computers across the region. PACS provides tremendous benefits to patients, allowing for shorter turnaround times for imaging reports, remote physician consultations and the elimination of wasted time retrieving or tracking down traditional films.

Please visit our website to stay abreast of the latest developments in the Calgary Health Region.

[www.calgaryhealthregion.ca](http://www.calgaryhealthregion.ca)

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## Public Service Announcements



Join Us for the 24th  
Annual  
**Terry Fox Run**  
Sunday, September 19th  
No Registration Fee  
Or  
Minimum Amount of Pledges  
403.212.1336 WWW.TERRYFOXRUN.ORG



ELBOW DISTRICT 2004-2005 REGISTRATION  
SPARKS (5-6), BROWNIES (7-8), GUIDES (9-12)

Wednesday SEPTEMBER 8th, 7-8pm  
Christ Church Gym, 3602 8th Street SW

Don't forget to bring the following:

- Height, weight and date of last Tetanus shot
- Doctor's Name and Phone Number
- Provincial Health Insurance Number
- Emergency Contact  
(Name, Address and Phone Number)

QUESTIONS or...

Want to volunteer in your daughter's unit  
CONTACT Melanie Cooke (229-0321)

Christ Church

SPARKS – Mondays 5-6-pm

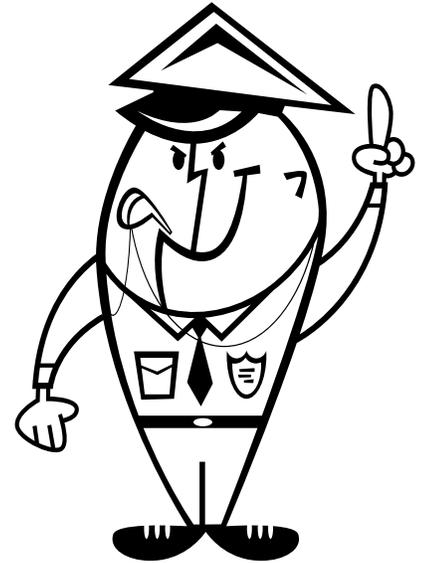
BROWNIES – Tuesdays 6-7:30pm

GUIDES – Wednesdays 6:30-8pm

If there is interest, other units can open!

# Community Safety

**Report Vandalism  
Damaged Street Signs  
Graffiti  
Personal Property  
No Matter How BIG or SMALL  
CALL THE POLICE  
266-1234**



Our area "COMMUNITY LIAISON OFFICERS"  
Cst Kevin McInnes & Jim Amsing  
268-8601  
Please call if you have any REOCCURRING problems



**No ordinary beef.**

## THE ULTIMATE IN PREMIUM QUALITY BEEF

- ~ Hamburger Patties (10 lb. box - 36 patties) - **\$35.00/box**
- ~ 1 lb. Packages of Hamburger Available (Extra Lean) - **\$3.00/lb.**
- ~ 1/4 of beef (Approx. 110 lb.) packages in stock now - **\$4.50/lb.**

*Consistently-tender, home-grown, source verified beef is hard to find.  
Today, you can get it direct to your home from Rairdan's Ranch.*

If you like exceptional beef, we know you'll like ours. Rairdan's all-natural, home-grown Charolais beef is guaranteed to be wholesome, flavourful, and tender, backed with trace-back information on each cut of beef from its beginnings to your table.

For five generations and a hundred years\*, the Rairdan family has been breeding and raising cattle, feeding them on home-grown grain, and finishing them into the finest beef available. The beef that we sell today is the same beef on which we keep meticulous records and which our grandchildren eat daily.

Now, we're proud to be able to pack and ship our premium quality beef directly from our family to yours. This is our pledge to you – we guarantee that Rairdan's Ranch beef will be some of the most wholesome, consistently tender beef you have ever tasted or your money back – no questions asked.

Rairdan's Ranch is backed with 100 years of beef excellence for a superb quality eating experience. I believe in this product so much that I'm on the logo – proudly recognizing every package of beef that leaves our farm.

Try Rairdan's Ranch. It's no ordinary beef.

\* For a more detailed history, please visit [www.rairdansranch.com](http://www.rairdansranch.com)

Sincerely,

Jack Rairdan

• Free Home Delivery on Packages • 100% Natural • 100% Guaranteed • 100% Alberta Beef • Dry Aged 28 Days • Government Licensed & Inspected

**ORDER TODAY ~ 1-877-RAIRDAN** OR Visit us on line at [www.rairdansranch.com](http://www.rairdansranch.com)

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# In the Community

ALEXANDER CALHOUN LIBRARY

## *Calling all Renegade Readers!*

CALGARY CO-OP SUMMER READING ADVENTURE 2004

The Summer Reading Adventure promotes summer reading and fun for children of all ages. Starting June 14, your child can start collecting game pages every two weeks, throughout the summer. Complete all game pages by August 22, and enter the draw to win the Grand Prize! Visit Alexander Calhoun Library or play online at [www.calgarypubliclibrary.com](http://www.calgarypubliclibrary.com)

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## PROGRAMS

### **Babytime at the Library**

Summer Drop-in Babytime  
Ages 6-23months with parent/caregiver  
July 13, 10:15-10:45am  
August 10, 10:15-10:45am

### **Baby and You For Dads**

For Dads and babies up to one year. Learn about babies development, play, sleep and parenting.  
Saturdays July 24, Aug 7, 14, 21, 28  
10:15am-12:15pm  
Register by calling 781-1450

### **Drop-in Family Movies**

For ages 6-10  
Wednesday July 21, 2-3pm  
Wednesday Aug 18, 2-3pm

### **Family Drop-in Storytime**

Ages 2 to 5 with their parents/caregivers  
Tuesday July 27,  
10:15-10:45am  
Tuesday Aug 17,  
10:15-10:45am



Alexander Calhoun Library has all your needs for summer travel whether by car, plane or train. Pickup the latest Book CD, Book Tape, Music CD or Read Along to make your trip enjoyable.

Programs are FREE with a valid Calgary Public Library card. Support your Library by making sure every member of the family has an updated Library card.

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**Considering a Security System?**

*Think about*

- *Personal security*
- *Property protection*
- *Peace of mind*

This isn't the time for hard sell, gimmicks or substandard components....

**We offer**

- *Professional In-home Consultation*
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Calgary, Alberta, T2C 2R9  
[www.aesecurity.ca](http://www.aesecurity.ca)  
[sales@aesecurity.ca](mailto:sales@aesecurity.ca)



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## Membership News

### Thank you...

to all those community members who have paid their membership dues for 2004.

The main thrust of our 2004 campaign is well underway with membership numbers exceeding those of this time last year! Thanks for this sterling effort are due to Maura Graham and her team who worked hard to make the campaign so successful.

Our campaign to encourage members of our community to pay the dues which help to pay for this newsletter along with many other community programs never ends. So, if you have not yet paid your membership, I would encourage you to fill in the membership form in this newsletter and mail it in right away!

Remember, if you live in the community and are interested in the quality of life in the community but you don't see any programs of interest to you, join us and suggest what you would like to see happening! The more members, particularly involved members we have, the more we can do!

*Sheila Telford*

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## Five Lines Free

### FOR RENT

Sensational Waterfront Property in Comox, Vancouver Island, 3600sqft 4 bedrooms, w/gourmet kitchen. Great ocean views, kayak from backyard. See [www.members.shaw.ca/Waterfront\\_Property](http://www.members.shaw.ca/Waterfront_Property) or phone 228-4121

### WANTING TO BUY

Used foosball game for teen usage.  
Free up your basement space.  
Call Mary Lou McCormick @ 244-5152

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## THIS SPACE COULD BE YOURS!

have something you'd like to include in the newsletter?

any tidbits of info?

something interesting?

milestones?

celebrations?

WHY NOT LET US KNOW!

Contact Una

---

**Reliable lady is able to clean your home on a Monday to Friday, weekly or bi-weekly basis. I charge \$20 per hour and I give a ten percent discount on the first cleaning job. Please telephone 720-8689 and leave a message if I am not at home.**

*The Medicine  
Shoppe*® 

1428 17th Avenue, SW

**What a Pharmacy Was Meant to Be®**

Bill Penner

244-4802

*MARTHA'S MASTER CLEANERS*

#2 1403 - 8 St. S.W., Calgary T2R 1B8

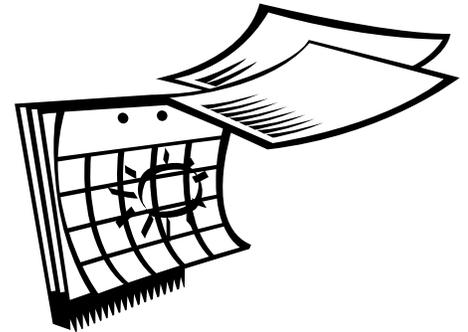
Hours: Mon. to Fri. 6:30 a.m. to 7:00 p.m.  
Sat. 9:00 a.m. to 5:00 p.m.

Ken Tailleux      Not just any old cleaners  
244-4349              we're Masters  
                         Seamstress on Location

## Dates to Remember

Wednesday September 8  
Mount Royal Community News  
September • October Issue  
Deadline for Submission

*Mark Your  
Calendars!*



# Be a MEMBER... Sign Up Today



### 2004 MOUNT ROYAL COMMUNITY ASSOCIATION MEMBERSHIP

FAMILY NAME \_\_\_\_\_  
FIRST NAME(S) \_\_\_\_\_  
ADDRESS \_\_\_\_\_  
POSTAL CODE \_\_\_\_\_ CHILDREN'S AGES \_\_\_\_\_  
PHONE \_\_\_\_\_ EMAIL \_\_\_\_\_  
DATE \_\_\_\_\_ (used to inform you of upcoming community events)

MRCA Family Membership	\$35	\$ _____
Seniors Membership – over 65 years	\$15	\$ _____
Tennis Membership – for those who want to use the courts (must be a MRCA member to purchase)	\$25	\$ _____
Donation to the Community – tax receipt given		\$ _____
	TOTAL	\$ _____

Mail or drop-off completed membership form with cheque payable to  
**Mount Royal Community Association** 2317 10 Street SW, Calgary, AB T2T 3G7